



NIGHTHAWK NEWS

"Everything that you do today will make a difference in our world tomorrow."

Box 580, 8507 68 Ave
Osoyoos, BC, Canada
V0H 1V0

Principal: Mr. J. McAllister
Vice Principal: Mrs. A. Jones

jmcallis@sd53.bc.ca
ajones@sd53.bc.ca

Phone: 250-485-4444
Fax: 250-495-2855
www.ose.sd53.bc.ca

Pink Shirt Day—Feb. 25

Please join us in wearing pink on Wednesday, Feb. 25 to show your support for anti-bullying and to promote kindness.



Happy
Valentines
Day!

Drop Off/Pickup Lane

A reminder to parents that our drop-off/pickup lane in front of the school is for drop-off/pickup only. If your child needs to be brought into the school or needs help to get unloaded (or picked up), please use a parking space rather than the drop-off lane. One car that is stopped for an extended period backs up the entire line. OSE provides supervision at the playground starting at 8 AM and at this time parking and the drop-off lane are much quieter. If your family is able to drop off earlier, it will help speed things up closer to the bell and make drop-off safer for everyone. OSE is currently examining additional ways of making this process smoother.



Important Dates:

February

- 10 Spirit Day—100's Day
- 11 Science World Presentations
- 13 **Non-Instructional Day (No School)**
- 16 **BC Family Day (School Closed)**
- 23 District Basketball Tournaments
- 25 Pink Shirt Day
- 25 Early Dismissal (12:00 pm)

March

- 12 Hockey Academy Skills Exhibition, 9:00 am & 1:00 pm
- 13 Last Day of Classes Before Spring Break
- 16-27 Spring Break
- 30 First Day of Classes After Spring Break



Kindergarten Registration

Children who will be five years old by December 31, 2026 may begin their first year of Primary, Full Day Kindergarten in September, 2026. These will be children who were born in 2021. Parents or guardians may register these new students until Friday, March 13, 2026. Parents MUST bring a birth certificate to complete registration. Please see letter attached at the end of this newsletter.





Student Fees

If you have not yet paid your school fees please pay as soon as possible. School fees provide students supplies, and activities.

K \$80

Grades 1-5 \$70

Grades 6-7 \$55

Payment can be made at the office by cheque or cash or by e-transfer to:

oseaccounting@sd53.bc.ca Password: nighthawk

If you are in need of financial support please reach out to our principal, Mr. McAllister at jmcallis@sd53.bc.ca.

Importance of Sleep

Children 5-11 years of age need 9-11 hours of sleep each day. It is important to keep a regular bedtime and make the bedroom a no-screen zone. Please make sure your child is not on any electronic device after bedtime.

“Sleep plays a crucial role in the development of young minds. In addition to having a direct effect on happiness, research shows that sleep impacts alertness and attention, cognitive performance, mood, resiliency, vocabulary acquisition, and learning and memory.” (sleepfoundation.org)



DISCOUNTED NIGHTHAWK SPIRIT WEAR

We have an overstock of spirit wear that we are selling at a discount. Items are displayed in our trophy case by the office. Only the colours shown in the display case are available and random sizes. While supplies last.

Toques \$5

Hats \$5

Short-sleeve t-shirt \$5

Long-sleeve shirts \$10

Hoodies \$20

Get yours before they are sold out!



On February 11th, Science World will be presenting The Science of Sport. There will be two presentations.

More information can be found [here](#).

9:25-10:10 am The Science of Sport (4-7 Classes)

10:45-11:30 am The Science of Sport (K-3 Classes)

House Team Event Points

Here are the results after our House Team Events in January:

Current Standings

Blue Owls 1st Place 812 pts

Red Coyotes 2nd Place 741 pts

Yellow Eagles 3rd Place 608 pts

Green Turtles 4th Place 561 pts



PAC News

The Osoyoos Elementary PAC meetings are on the first Monday every month at 6:30 pm in the Learning Commons.

The remaining meetings for the 2025-2026 school year are: April 13th and May 4th (AGM).

All parents are welcome to attend.



Osoyoos StrongStart

This is a free drop-in, early learning centre, for children 0-5 years of age. It is located in our school next to the Office, and is open from 8:30 - 11:30 am during school days. Please drop by to pick up a calendar of events and to meet our facilitator, Cindy Garnham.



Student Learning Survey 2025/2026

The Provincial Student Learning Survey is unique in its scope, size and usefulness to schools. It gathers information from parents/guardians/caregivers, teachers, and students on topics related to school environment, safety, and achievement. The information is used for planning in individual schools and provides a district and provincial perspective. Early in 2026 the Student Learning Survey will be administered to students in grades 4 and 7, their parents/guardians/caregivers, and all school staff. We encourage parents/guardians/caregivers to participate in this survey, as the results are important in identifying and celebrating current strengths, as well as determining where the school needs to focus improvement. The surveys contain standard questions for the Province – in addition, questions from the school and/or district that focus on local conditions or issues may be included. The survey can be completed electronically and can be accessed on the Internet at <https://www2.gov.bc.ca/gov/content/education-training/k-12/support/student-learning-survey>. Any computer or mobile device with an Internet connection can be used, and access to the e-survey is simple and secure. The survey can be accessed through the link and by clicking on Take the Survey. On the login page, click on the Parents icon, and then select the school district and school name where your child attends school. Provincial, District and School Reports for previous years can be viewed at the same site under the Results section. The e-survey site will be open until May 1, 2026. If you have any questions, please contact the school at 250-485-4444.

Important Notice Regarding Bus Permission Slips

If your child is riding home on the bus with a friend for the day, they must come to the office the day before and get a Bus Permission Slip. The Bus Permission Slip must be taken home, signed by a parent/guardian, returned to school the next day, and given to the office to get the slip approved. Slips are then given to the bus driver for the day they are valid for. No one will be allowed on the bus without one and *regular bus students are not allowed to get off at a stop other than their own, without a permission slip*. It is important for us to know who is on which bus, and when and where they get off for our students' safety. Bus slips are available in the office.



NIGHTHAWK Daily Schedule

8:25	Meet Teacher
8:30	Classes Start
10:20 – 10:35	Recess
11:35 – 11:50	Eating Time
11:50 – 12:30	Outside Play time
2:33	Dismissal





Nighthawk Winter Sports



Basketball

Practices are underway for the elementary basketball season. The District Tournaments take place on February 23. The boys will play at Osoyoos Elementary and the girls at SESS in Keremeos. Along with before school shooting practice, teams will also be practicing after school and at lunch. We would like to thank the coaches. Mr. Ryan Miller and Mr. Jason McAllister for coaching the boys' team and to Mrs. Patricia Pearson, Mrs. Judy Chase and Mrs. Katie Kwak for coaching the girls' team.



February 2026 OSE Nighthawk Girls & Boys Basketball

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 *Boys & Girls morning BB practice 8-8:30am Lunch Girls BB practice Boys BB practice 2:45-3:45 after school	3 *Boys & Girls morning BB practice 8-8:30am	4 *Boys & Girls morning BB practice 8-8:30am Lunch Boys BB practice	5 *Boys & Girls morning BB practice 8-8:30am Girls BB practice 2:45-3:45 after school	6	7
8	9 *Boys & Girls morning BB practice 8-8:30am Lunch Girls BB practice Boys BB practice 2:45-3:45 after school	10 *Boys & Girls morning BB practice 8-8:30am	11 *Boys & Girls morning BB practice 8-8:30am Lunch Boys BB practice	12 *Boys & Girls morning BB practice 8-8:30am Girls BB practice 2:45-3:45 after school	13 Non-Instructional Day No school for students	14
15	16 Family Day No School for Students	17 *Boys & Girls morning BB practice 8-8:30am Lunch Girls BB practice Boys BB practice 2:45-3:45 after school	18 *Boys & Girls morning BB practice 8-8:30am Lunch Boys BB practice	19 *Boys & Girls morning BB practice 8-8:30am Girls BB practice 2:45-3:45 after school	20	21
22	23 District Basketball Tournament Boys @ OSE Girls @ SESS	24	25	26	27	28

Downhill Skiing for Grade 6 and 7 Students

Our Grade 6 and 7 students will be going to Baldy Mountain Resort where they can choose to downhill ski or snowboard. Mrs. Ward and Ms. Champagne's classes will be going January 30 and February 6. Miss Clark and Mr. Palmer will be going February 27 and March 6.



Winter Skating

As part of our winter sports program, primary students will have the opportunity to go skating at our local rink between January 26—February 27. Notices and consents have been sent home. Students will walk or take a bus to and from the Sunbowl Arena and skate with their class. Please ensure that your child wears appropriate clothing including coats, mitts and hats. **HELMETS must be worn!** Parent volunteers are greatly appreciated to assist with lacing skates. Please advise your child's teacher if you are able to help out.

Monday, Jan 26	9:30-10:15	Bento	Dias
Wed, Jan 28	9:30-10:15	Martin	Richards
Fri, Jan 30	9:30-10:15	Kunz	Bayda
Monday, Feb 2	9:30-10:15	Bento	Dias
Wed, Feb 4	9:30-10:15	Martin	Richards
Fri, Feb 6	9:30-10:15	Kunz	Bayda
Monday, Feb 9	9:30-10:15	Bento	Dias
Wed, Feb 11	9:30-10:15	Martin	Richards
Wed, Feb 18	9:30-10:15	Stene	Snow
Fri, Feb 20	9:30-10:15	Kunz	Bayda
Wed, Feb 25	9:30-10:15	Stene	Snow
Fri, Feb 27	9:30-10:15	Stene	Snow

Lunar New Year—February 17

On February 17, it is Lunar New Year, a celebration observed by many cultures around the world, including Chinese, Korean, Vietnamese, and other Asian communities. Lunar New Year marks the beginning of the new year based on the lunar calendar and is often celebrated with family gatherings, special foods, decorations, and traditions that symbolize good luck, health, and happiness.

At school, students may learn about Lunar New Year through stories, discussions, and activities that highlight cultural traditions and the importance of respect and appreciation for different cultures. We are excited to celebrate learning about the world and the diverse traditions that make our community special!



Hot Lunch Program



All lunches must be ordered online on the HotLunches website, osoypoolelementary.hotlunches.net. Menus are on the HotLunches website as well as our school website. As in the past, you may place an order for any or all of the lunch dates. Please be aware of the deadline dates for ordering.

Please find the February, March and April Menus at the end of the newsletter.

The deadline for ordering for the week will be the Monday before the week you are ordering for (with the exception of March 30—April 2, 2026—see below).

We will not be giving refunds for students that are away sick from school. This lunch will be donated to feeding one of our needy children on that day. Menus can be found on the HotLunches website, as well as our school webpage. Please do not order lunches if your child will be away on a field trip over lunch.

Please note that orders for the week of March 30—April 2, 2026, must be ordered and paid for by Monday, March 9, 2026. This order is early because of Spring Break.

Thank you very much to Boston Pizza, Subway, Mami's Pizza, Smitty's and Tim Horton's for providing lunches for our students!

*****All students are required to bring their own cutlery including spoons for soup day.*****

February 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 Boston Pizza \$5.00 Fettucini Alfredo	3 Subway \$5.00 6" White Sub with Ham and White Cheddar	4 Mami's Pizza 1 slice \$3 2 slices \$5	5 Smitty's \$5.00 Macaroni and Cheese	6 Tim Horton's \$5.00 Chicken Strips and Potato Wedges
9 Boston Pizza \$5.00 Bugs and Cheese Pasta	10 Subway \$5.00 6" White Sub with Turkey and White Cheddar	11 Mami's Pizza 1 slice \$3 2 slices \$5	12 Smitty's \$5.00 Burgers and Cubed Potatoes	13 Non-Instructional Day No School
16 Family Day No School	17 Subway \$5.00 6" White Sub with Cold Cuts and White Cheddar	18 Mami's Pizza 1 slice \$3 2 slices \$5	19 Smitty's \$5.00 Chicken Nuggets and Cubed Potatoes	20 Tim Horton's \$5.00 Chili and Bun with Butter
23 Boston Pizza \$5.00 Spaghetti with Meat Sauce	24 Subway \$5.00 6" White Sub with Pepperoni and White Cheddar	25 No Lunch EARLY DISMISSAL	26 Smitty's \$5.00 Hotcakes with Fruit	27 Tim Horton's \$5.00 Crispy Chicken Sandwich on a White Bun

LUNCH MENU

March 2026

Osyoos Elementary School
250-485-4444



Monday	Tuesday	Wednesday	Thursday	Friday
2 Boston Pizza \$5.00 Spaghetti with Meatballs	3 Subway \$5.00 6" White Sub with Ham and White Cheddar	4 Mami's Pizza 1 slice \$3 2 slices \$5	5 Smitty's \$5.00 Chicken Drumsticks and Mashed Potatoes	6 Tim Horton's \$5.00 Roast Beef Sandwich on a White Bun
9 Boston Pizza \$5.00 Chicken Penne with Alfredo Sauce	10 Subway \$5.00 6" White Sub with Turkey and White Cheddar	11 Mami's Pizza 1 slice \$3 2 slices \$5	12 Smitty's \$5.00 Burgers and Cubed Potatoes	13 Tim Horton's \$5.00 Grilled Cheese and Chicken Noodle Soup
16	17	18	19	20
SPRING BREAK				
23	24	25	26	27
SPRING BREAK				
30 Boston Pizza \$5.00 Chicken Caesar Wrap	31 Subway \$5.00 6" White Sub with Cold Cuts and White Cheddar	Apr 1 Mami's Pizza 1 slice \$3 2 slices \$5	2 Smitty's \$5.00 Pepperoni Pizza Rollups	3 GOOD FRIDAY No School

April 2026

Monday	Tuesday	Wednesday	Thursday	Friday
6 EASTER MONDAY No School	7 Subway \$5.00 6" White Sub with Turkey and White Cheddar	8 Mami's Pizza 1 slice \$3 2 slices \$5	9 No Lunch EARLY DISMISSAL	10 No Lunch EARLY DISMISSAL
13 Boston Pizza \$5.00 Lasagne with Meat Sauce	14 Subway \$5.00 6" White Sub with Ham and White Cheddar	15 Mami's Pizza 1 slice \$3 2 slices \$5	16 Smitty's \$5.00 Chicken Nuggets and Cubed Potatoes	17 Tim Horton's \$5.00 Chili and Bun with Butter
20 Boston Pizza \$5.00 Fettucini Alfredo	21 Subway \$5.00 6" White Sub with Pepperoni and White Cheddar	22 Mami's Pizza 1 slice \$3 2 slices \$5	23 Smitty's \$5.00 Chicken Caesar Wraps	24 Tim Horton's \$5.00 Chicken Strips and Potato Wedges
27 Boston Pizza \$5.00 Bugs and Cheese Pasta	28 Subway \$5.00 6" White Sub with Cold Cuts and White Cheddar	29 No Lunch EARLY DISMISSAL	30 Smitty's \$5.00 Burgers and Cubed Potatoes	May 1 Tim Horton's \$5.00 Turkey Bacon Club on a White Bun

February: Building Strong Relationships with Kindness, Boundaries, and Repair

February is a great time to focus on healthy relationships. With Valentine's Day and Pink Shirt Day around the corner, many students are learning how to show kindness, resolve conflict, and treat others (and themselves) with respect.

At school and at home, relationships come with bumps, big feelings, and learning moments. Kids don't need perfection—they need guidance and repair.

What Are Kids Learning About Relationships?

Strong relationships aren't built on being "nice" all the time. They're built on:

- Kindness and empathy
- Respecting boundaries (their own and others')
- Apologizing and making things right
- Learning from mistakes—not hiding them

Why Boundaries Are Part of Kindness Too

Kindness doesn't mean saying yes to everything. It also means:

- Knowing how to say no respectfully
- Accepting when someone else needs space or says no
- Understanding that good friends don't always agree—but they still treat each other with care

Helping your child set and respect boundaries is one of the best ways to build emotional safety in relationships.

Try This at Home:

- Model repair: "I was frustrated, and I raised my voice. I'm sorry. Let's try again."
- Encourage do-overs: "You can say that again in a kinder way."
- Talk through social situations: "What could we do if a friend didn't want to play today?"
- Celebrate repair: Highlight moments when your child makes things right after a conflict.

Mistakes in relationships are normal. What matters most is how we come back together. By showing your child that kindness includes honesty, boundaries, and repair, you're helping them build stronger, more respectful connections.



Okanagan
Similkameen
SD53

KINDERGARTEN REGISTRATION

2026-2027 Registration for Children Born in 2021:
January 12 to March 13, 2026

- Children who will be five years old by December 31, 2026, may begin their first year of Kindergarten in September 2026. These will be children who were born in 2021.
- Please bring your child's birth certificate and medical card with you, as well as proof of residency. Should you require further details, please contact your local school.
- Parents may defer the entry of their child into Kindergarten for one year but registration must occur in the following school year.
- Early registration assists the district with plans for September 2026. Also, Kindergarten spaces in a school may be limited and placement is done on a first come, first serve basis.

SCHOOL OFFICE INFORMATION

- **CAWSTON PRIMARY**
250-485-4434
8:30 AM - 2:30 PM
- **OKANAGAN FALLS ELEMENTARY**
250-497-5414
8:30 AM - 2:30 PM
- **OLIVER ELEMENTARY**
250-498-3468
8:30 AM - 2:30 PM
- **TUC-EL-NUIT ELEMENTARY**
250-498-3415
8:30 AM - 2:30 PM
- **OSOYOOS ELEMENTARY**
250-485-4444
8:30 AM - 2:30 PM
- **YOULEARN**
250-498-4597
8:30 AM - 3:30 PM



PAC invites you to a....

Valentine's Family Dance

SNACKS

DRINKS!

BALLOONS!

All Family Event!

FLOWERS!

**FEB
12**

Osoyoos
Elementary
School Gym

6:00
PM TO
8:00
PM

*Bring your family to a fun evening with dancing, a concession and buy your valentine(s) a carnation. *Grades 5 and under, parents must attend.*

**Parent Volunteers Requested*

**FAMILY
FUN!**

**MUSIC AND FUN BROUGHT TO YOU BY DJ
SHAKES!**

Circle Of Security

Presented by: Bruce MacLeod, M.A. and Melanie Morrison, BCYC

Sponsored by: School District 53 & Child and Youth Mental Health

Location: Oliver Rec Centre Room 2

2026 Dates: Thursday Jan 29th
Thursdays Feb 5, 12, 19, 26,
Thursdays March 5, 12,
Thursday April 9

Times: 6:00 - 7:30

Cost: Free

Who should attend: Parents/Caregivers of Children 0 - 12
Child-care will be provided on site.
A Lite Dinner will be provided.

To Register Call: (250) 485-6001 (space is limited)

As Parents we all feel lost at times as to how to respond to our children's behavior. The Circle of Security Parenting™ program (COSP) gives parents a map that will help them understand and respond effectively to their children's behavior when things are going well and not so well. COSP was developed through decades of research and has proven to be effective in improving child behavior, reducing parental stress and promoting harmonious family relationships.

Learning Objectives of the Program:

- Understand your child's emotional world by learning to read the emotional needs
 - Support your child's ability to successfully manage emotions
 - Enhance the development of your child's self esteem
 - Honor your innate wisdom and desire for your child to be secure
-

FAMILY
SHOWTIME

VENABLES
THEATRE

JOURNEY INTO RHYTHM

With Robin Layne
Monday February 16 @ 11:00



Tickets
only \$10

A high-energy, interactive music show where kids join the band and explore global rhythms.

Get your tickets at
venablestheatre.ca



Venables Theatre gratefully
acknowledges our
sponsors:





OSOYOOS LIBRARY | ORL BRANCH

HALF-DAY HANGOUT: FULL S.T.E.A.M AHEAD!

Tired of boring afternoons? Get ready to have fun with our S.T.E.A.M. kits!

Are you looking for something to do on your half-day this month? From controlling robots to discovering how to create circuits, explore a variety of fun S.T.E.A.M. kits at the library. Make new friends, learn new skills, and have the best afternoon! This program is best suited for 8-12 years old.

February

25

WEDNESDAY

FREE

REGISTRATION REQUIRED

SCHOOL AGE

Cost

Program Type

Suggested Age

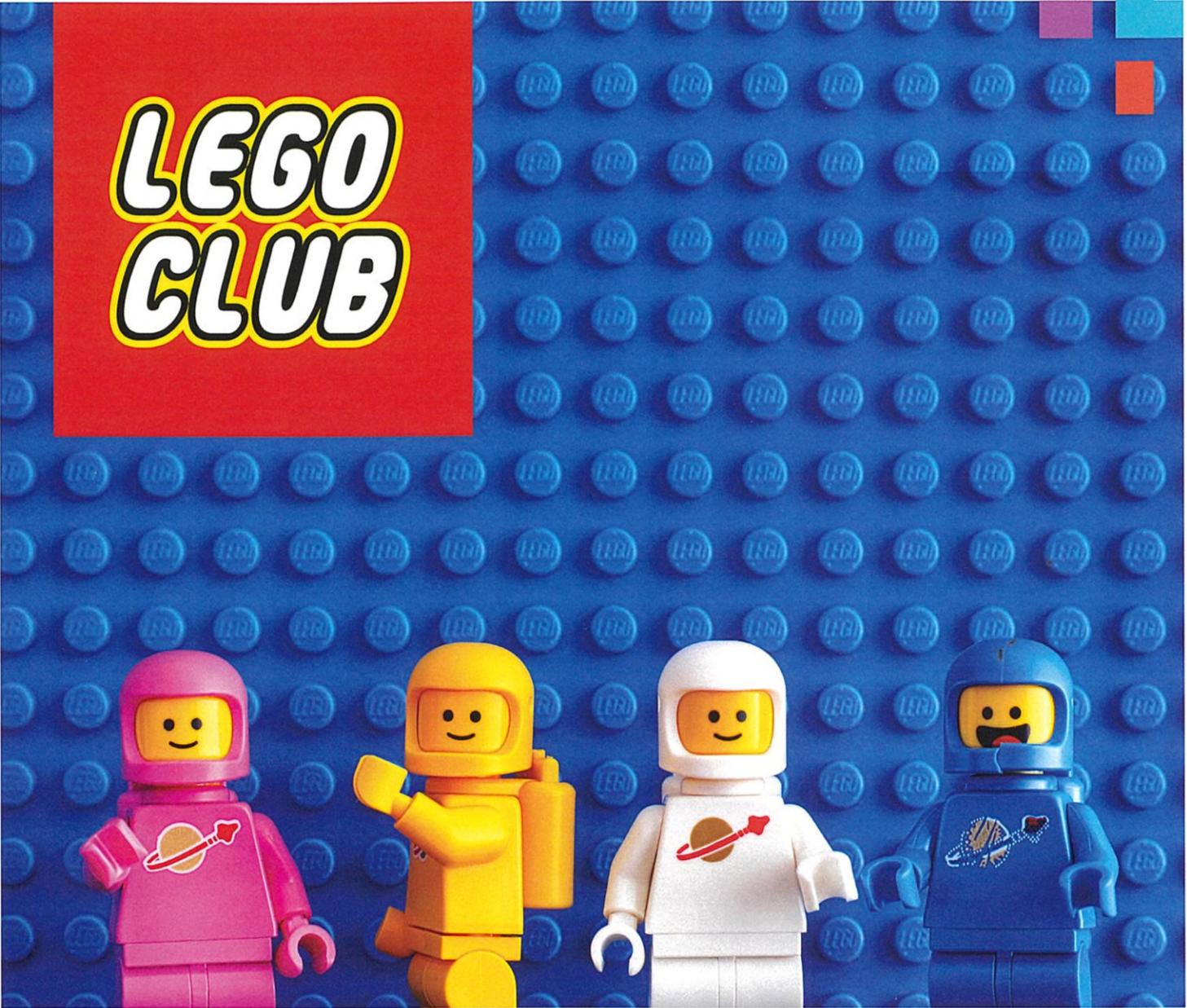
Start

1:00 pm

End

2:30 pm

LEGO CLUB



LEGO BUILDERS CLUB

Calling All Builders & Imagineers! Create and Earn a Reward.

Boost your imagination and expand your building skills while working your way to great rewards with your LEGO passport. Visit the library on Tuesdays from 2:30-7:30 p.m. and create an item from your LEGO passport. Every 6th visit earns you a reward!

WEEKLY

Tuesdays
2:30 pm - 7:30 pm

January 6 - June 23

Cost **FREE** Age **SCHOOL AGE**

Program **DROP-IN**

25-1552-LEGO Builders Club

Address

Box 1038
8505 68th Avenue
Osoyoos, BC
VOH 1V0

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250.495.7637

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