



NIGHTHAWK NEWS

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Principal's Message

The holiday season is here, and we're excited for our upcoming Christmas Concert (thanks to the wonderful team planning the concert)—a celebration of music and community! In addition, we have our annual House Team Competition in the gym—bring your energy and team spirit. Don't forget to listen to announcements for details on lunchtime clubs; it's a great way to stay involved and connected. Finally, we're proud to cheer on the largest group of volleyball players we've ever had as they head into the District Tournament this Thursday—best of luck to all of you!

Wishing you and your family a wonderful holiday season and all the best for whatever holiday you celebrate!

Jason McAllister
Principal

Upcoming Events:



December

- 4 District Volleyball Tournaments
- 10 Concert Dress Rehearsal, *No Hockey*
- 11 Christmas Concert, Sonora Centre, 1:00 pm & 6:00 pm, *No Hockey*
- 15 Last Day for Ordering HotLunches for Week of Jan 5-9, 2026
- 18 House Team Event
- 19 Christmas Sing Along, 1:30 pm
- 19 Last Day of Classes
- 20 to January 4, 2026 — Winter Break

January

- 5 First Day of Classes for 2026
- 5 PAC Meeting 6:30 pm
- 28 Early Dismissal (12:00 pm) TIM

Osoyoos Elementary School Christmas Concert—Dec. 11, 1:00 pm & 6:00 pm

Students and staff have been having loads of fun preparing performances of music, poetry, songs, dramas, artwork, and dances for you as we prepare, "OSE's Countdown to Christmas." To accommodate our large audience, we are holding **two full performances** at the Sonora Community Centre. The first begins at 1:00 pm and the second at 6:00 pm. Seating is limited this year, especially for the evening show. Families can request 2 tickets for the evening show to stay within the seating capacity of the Sonora Centre and to ensure the safety of everyone. Please plan to attend only one of our performances, if possible, so we can accommodate everyone.

For the 6:00 pm performance, students are to arrive at the school **no later than 5:15 pm** and go to their assigned classrooms. We will be opening the doors to the Sonora Centre at 5:30 pm (general seating) and the students' performances start at 6:00 pm (no intermission).

To avoid disruptions and show respect for our young artists, please plan to stay in the Sonora Centre Gym for the entire event. At the conclusion of the whole show, parents and caregivers can pick-up their children from their classroom. We look forward to seeing you there!

Please note that we are also accepting food donations for the food bank. Donations will be accepted at the performance as well all week at the school. Thank you!

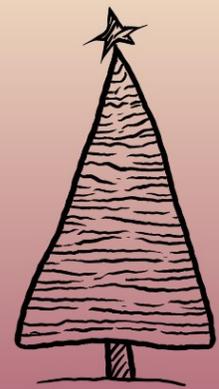


❄️ December: Calming the Chaos – Staying Regulated Through Routines, Rest, and Connection

The holiday season is full of joy, but it's also packed with changes in routine, sensory overload, and emotional highs and lows. Kids may seem more dysregulated than usual—and that's completely normal.

🎁 What You Might Notice:

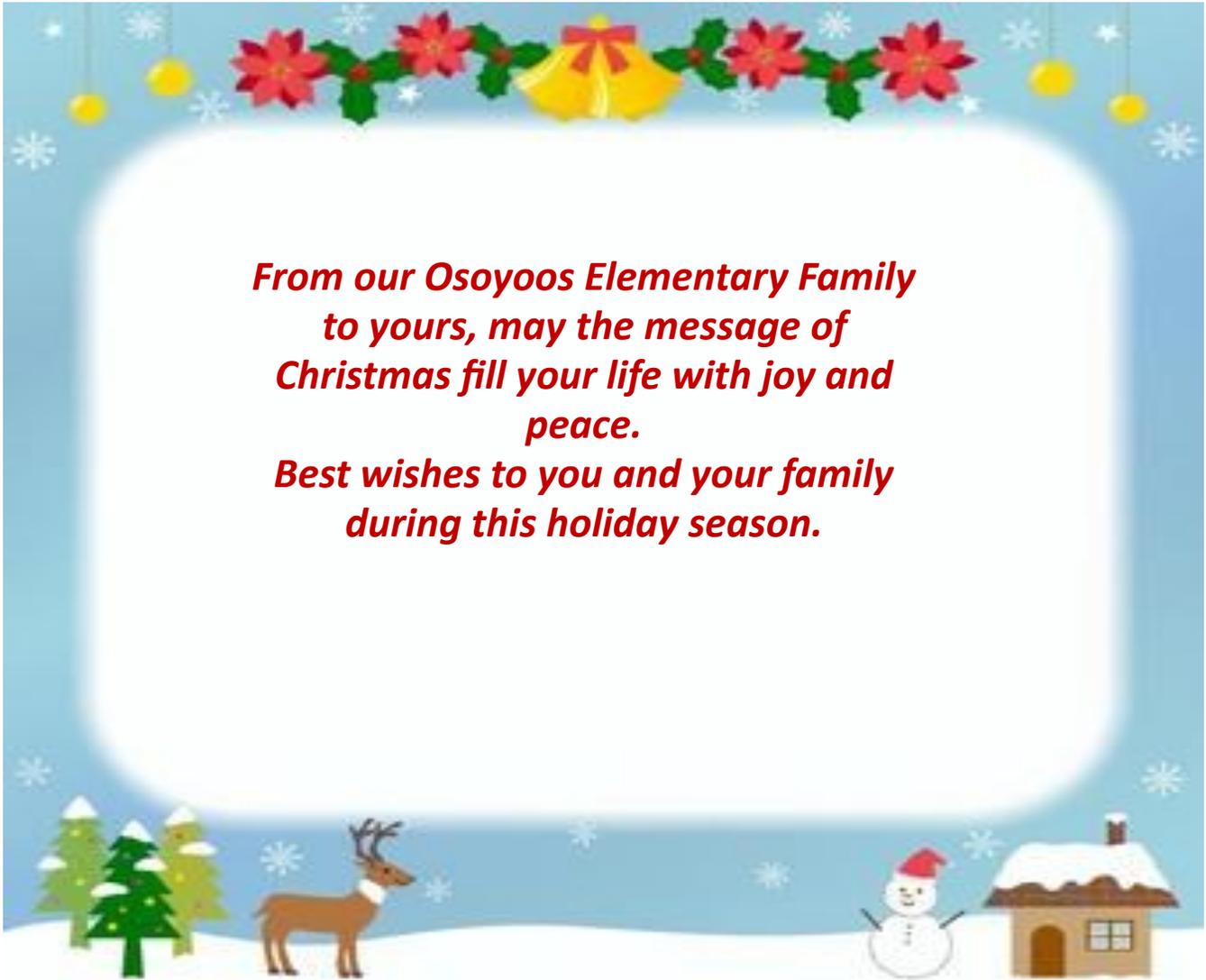
- More meltdowns or mood swings
- Trouble sleeping or changes in appetite
- Overexcitement followed by crashing
- Sensory overwhelm in busy or loud settings



💡 What Can Help:

- Stick to familiar routines as much as possible (bedtimes, meals, quiet time)
- Plan for downtime between busy events
- Prep your child for what's coming next (“We’ll go to Grandma’s, then come home for movie time”)
- Have a calm-down plan for overstimulating places (headphones, snacks, breaks)

Not all behaviour is misbehaviour. Dysregulation is a signal, not a character flaw. A calm home base and consistent connection helps kids feel safe—even in the holiday hustle.



***From our Osoyoos Elementary Family
to yours, may the message of
Christmas fill your life with joy and
peace.
Best wishes to you and your family
during this holiday season.***



Kindergarten Registration

Children who will be five years old by December 31, 2026, may begin their first year of Primary, Full Day Kindergarten in September, 2026. These will be children who were born in 2021. Parents or guardians may register these new students from Monday, January 19 to Friday, March 13, 2026. Parents **MUST** bring a birth certificate and two pieces of identification (one of which a picture ID) for proof of BC residency to complete registration. For more information about registration, please call Osoyoos Elementary at 250-485-4444.

Osoyoos StrongStart

This is a free drop-in, early learning centre, for children 0-5 years of age. It is located in our school next to the Office, and is open from 8:30—11:30 am on days when school is in session. Please drop by to pick up a calendar of events and to meet our facilitator, Cindy Garnham.



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District Volleyball Tournaments - December 4th

The District Volleyball Tournaments are on Thursday, December 4th. The girls' team will be at Osoyoos Elementary School and the boys' team at Similkameen Elementary Secondary School in Keremeos. Good luck to all of our teams and coaches!



DISCOUNTED NIGHTHAWK SPIRIT WEAR

We have an overstock of spirit wear that we are selling at a discount. Items are displayed in our trophy case by the office. Only the colours shown in the display case are available and random sizes. While supplies last.

Toques	\$5
Hats	\$5
Short-sleeve t-shirt	\$5
Long-sleeve shirts	\$10
Hoodies	\$20

Get yours before they are sold out!



Osoyoos Elementary
PAC

NEXT PAC MEETING

Monday, January 5, 2026 at 6:30 pm in the
Learning Commons.



Winter Weather



Although we enjoy a fantastic climate here in the South Okanagan, we still get winter conditions. It is important that children come to school dressed for whatever Jack Frost may throw at us. Students should wear shoes/boots with good, gripping soles; a warm coat; layers; and have toques, scarves, and mitts/gloves handy. We do encourage students to get some fresh air during the school day, so such apparel considerations should be routine.

A Reminder About Morning Supervision

Given the cooler temperatures, it is important to reiterate that there are no supervisors on duty until 8:00 am on school days, so children should not be sent/dropped off at school before this time. A lack of supervision and cold winter conditions compound the safety concerns when children are sent to school too early. Thanks for keeping this in mind.

Osoyoos Fire Department Contest

Students were able to enter the "Fire Chief" for a day contest in October. In November, the Osoyoos Fire Department came to the school and took our winner Eller Coughlin for a ride in their fire truck. The prize also included taking her out for lunch and driving her home in the fire truck at the end of the day.



Important Message to Parents Regarding Leaving Messages for Students

If you have an urgent message that you are needing delivered to your student at the end of the day, please call before 2:10 pm. We cannot guarantee that your student will receive the message if you call after that time. Thanks for your help with this.

For _____ This _____ AM	
Date _____ PM	
WHILE YOU WERE OUT	
M. _____	
Of _____	
☐ Home _____	
☐ Fax _____	
☐ Mobile _____	
TELEPHONES	PLEASE CALL
CALL TO THE OFFICE	CALL COLLEGE
CALLS TO THE SCHOOL	PHONE
RETURN YOUR CALL	PHONE/EXTENSION
Message _____	

Signed _____	

The Middle Years Development Instrument (MDI)

The MDI is organized by Human Early Learning Partnership (HELP) at the University of British Columbia to measure and promote children's social and emotional development, health, well-being and assets. The MDI is a self-report questionnaire that anonymously asks children about their thoughts, feelings and experiences. The survey questions align with the BC Ministry of Education's K-12 curriculum, which includes a focus on promoting children's personal and social competencies.

This year, we will do the survey with students in Grade 6 only. If you do not want your child to participate, please complete the withdrawal form that was sent home earlier this week. Full information about the MDI can be found [here](#).



We wish everyone a Merry Christmas!

French - Joyeux Noël
 Polish - Wesołych Świąt
 Spanish - Feliz Navidad
 Ukranian - щасливого Різдва
 German - Fröhliche Weihnachten
 Tagalog - Maligayang Pasko
 Punjabi - ਮੇਰੀ ਕਰਿਸਮਸ (merī krismas)
 Portuguese - Feliz Natal
 Chinese – 聖誕節快樂 (singdaanjit faailohk)
 Japanese - メリークリスマス (Merikurisumasu)
 Hindi - क्रिसमस की बधाई (krisamas kee badhaee)
 Indonesian - Selamat Natal

Mrs. Pearson—ELL (English Language Learner) Teacher



Knit and Crochet Club

Come Knit a Little Joy With Us.

There’s nothing warmer than a handmade stitch and a friendly chat. Our students are excited to learn the art of knitting and crochet, but we need a few extra caring hands to guide them.

If you have a family member who would love to share their skills—and their stories—please join us for a relaxing time of yarn, laughter, and connection. Wrap our kids in wisdom and wool.

Time: Fridays at 11:55 AM

Room: Ms. Champagne’s Room (224)



Lost and Found

Is your child(ren) missing any clothing and/or footwear? We have quite an assortment of clothing in our Lost and Found. All lost items will be donated on the last day before the Christmas holidays.



Hockey Academy Ice Time Change

Due to the Christmas Concert dress rehearsal and matinee performance, the following ice times are cancelled:

Nights	December 10th
Hawks	December 11th





Osoyoos Elementary Lunch Program

Mondays with Boston Pizza

Tuesdays with Subway

Wednesday is Pizza Day with Mami's Pizza

Thursdays with Smitty's Family Restaurant Fridays with Tim Horton's



Purchase the days of your choice for the week on Mondays, or by the month at the beginning of a new month.

Our monthly lunch menus can be found online at ose.sd53.bc.ca.

****ALL CHILDREN MUST BRING THEIR OWN CUTLERY****

Please encourage your children to bring healthy lunches and snack choices to school.

The deadline for ordering for the week will be the Monday before the week you are ordering for (with the exception of January 5-9, 2026—see below).

Please note that orders for the week of January 5-9, 2026, must be ordered and paid for by Monday, December 15, 2025. This order is early because of Christmas Break.

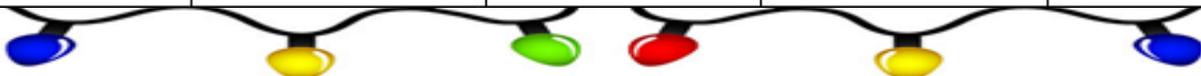
HOT LUNCH TIPS:

If you are ordering two slices of pizza, ensure that you select the second slice below. One slice is \$3.00, second slice is only \$2.00! You do not have to order the same kind of pizza for the second slice.

Mami's Pizza	Wednesday November 9th, 2022			
Cheese Pizza Slice	+	-	x \$3.00	
Pepperoni Pizza Slice	+	-	x \$3.00	\$3.00
Hawaiian Pizza Slice	+	-	x \$3.00	
Add a 2nd Slice of Cheese Pizza	+	-	x \$2.00	
Add a 2nd Slice of Pepperoni Pizza	+	-	x \$2.00	\$2.00
Add a 2nd Slice of Hawaiian Pizza	+	-	x \$2.00	
				\$5.00

LUNCH MENU December 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1 <i>Boston Pizza</i> \$5.00 Bugs and Cheese Pasta	2 <i>Subway</i> \$5.00 6" White Sub with Turkey and White Cheddar	3 <i>Mami's Pizza</i> 1 slice \$3 2 slices \$5	4 <i>Smitty's</i> \$5.00 Burgers and Chunky Potatoes	5 <i>Tim Horton's</i> \$5.00 Chicken Strips and Potato Wedges
8 <i>Boston Pizza</i> \$5.00 Fettucini Alfredo with Chicken	9 <i>Subway</i> \$5.00 6" White Sub with Cold Cuts and White Cheddar	10 <i>Mami's Pizza</i> 1 slice \$3 2 slices \$5	11 <i>Smitty's</i> \$5.00 Pepperoni Pizza Rollups	12 <i>Tim Horton's</i> \$5.00 Crispy Chicken Sandwich on a White Bun
15 <i>Boston Pizza</i> \$5.00 Spaghetti with Meat Sauce	16 <i>Subway</i> \$5.00 6" White Sub with Pepperoni and White Cheddar	17 <i>Mami's Pizza</i> 1 slice \$3 2 slices \$5	18 <i>Smitty's</i> \$5.00 Chicken Nuggets and Chunky Potatoes	19 <i>Tim Horton's</i> \$5.00 Grilled Cheese and Chicken Noodle Soup





LUNCH MENU January 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5 <i>Boston Pizza</i> \$5.00 Chicken Penne with Alfredo Sauce	6 <i>Subway</i> \$5.00 6" White Sub with Ham and White Cheddar	7 <i>Mami's Pizza</i> 1 slice \$3 2 slices \$5	8 <i>Smitty's</i> \$5.00 Chicken Quesadillas	9 <i>Tim Horton's</i> \$5.00 Roast Beef Sandwich on a White Bun
12 <i>Boston Pizza</i> \$5.00 Spaghetti with Meatballs	13 <i>Subway</i> \$5.00 6" White Sub with Turkey and White Cheddar	14 <i>Mami's Pizza</i> 1 slice \$3 2 slices \$5	15 <i>Smitty's</i> \$5.00 Chicken Nuggets and Cubed Potatoes	16 <i>Tim Horton's</i> \$5.00 Grilled Cheese and Chicken Noodle Soup
19 <i>Boston Pizza</i> \$5.00 Chicken Caesar Wrap	20 <i>Subway</i> \$5.00 6" White Sub with Cold Cuts and White Cheddar	21 <i>Mami's Pizza</i> 1 slice \$3 2 slices \$5	22 <i>Smitty's</i> \$5.00 French Toast and Sausage	23 <i>Tim Horton's</i> \$5.00 Chili and Bun with Butter
26 <i>Boston Pizza</i> \$5.00 Lasagne with Meat Sauce	27 <i>Subway</i> \$5.00 6" White Sub with Pepperoni and White Cheddar	28 No Lunch EARLY DISMISSAL	29 <i>Smitty's</i> \$5.00 Chicken Drumsticks and Mashed Potatoes	30 <i>Tim Horton's</i> \$5.00 Turkey Bacon Club on a White Bun

February 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 <i>Boston Pizza</i> \$5.00 <u>Fettucini</u> Alfredo	3 <i>Subway</i> \$5.00 6" White Sub with Ham and White Cheddar	4 <i>Mami's Pizza</i> 1 slice \$3 2 slices \$5	5 <i>Smitty's</i> \$5.00 Macaroni and Cheese	6 <i>Tim Horton's</i> \$5.00 Chicken Strips and Potato Wedges
9 <i>Boston Pizza</i> \$5.00 Bugs and Cheese Pasta	10 <i>Subway</i> \$5.00 6" White Sub with Turkey and White Cheddar	11 <i>Mami's Pizza</i> 1 slice \$3 2 slices \$5	12 <i>Smitty's</i> \$5.00 Burgers and Cubed Potatoes	13 Non- Instructional Day No School
16 Family Day No School	17 <i>Subway</i> \$5.00 6" White Sub with Cold Cuts and White Cheddar	18 <i>Mami's Pizza</i> 1 slice \$3 2 slices \$5	19 <i>Smitty's</i> \$5.00 Chicken Nuggets and Cubed Potatoes	20 <i>Tim Horton's</i> \$5.00 Chili and Bun with Butter
23 <i>Boston Pizza</i> \$5.00 Spaghetti with Meat Sauce	24 <i>Subway</i> \$5.00 6" White Sub with Pepperoni and White Cheddar	25 No Lunch EARLY DISMISSAL	26 <i>Smitty's</i> \$5.00 Hotcakes with Fruit	27 <i>Tim Horton's</i> \$5.00 Crispy Chicken Sandwich on a White Bun



Osoyoos Secondary School Drama Club

Disney
FROZEN JR.

Music and Lyrics by
Kristen Anderson-Lopez & Robert Lopez

Book by
Jennifer Lee

Based on the Disney film written by Jennifer Lee
and directed by Chris Buck & Jennifer Lee

Dec 4 – Show 7pm; Doors 6pm
Dec 5 – Show 7pm; Doors 6pm
Dec 6 – Show 7pm; Doors 6pm
Dec 7 – Matinee 2pm; Doors 1pm

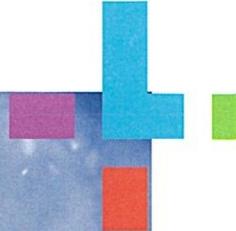
Directed by Sarah Gilchrist
Choreographed by Natalie Campbell
Stage Manager Anshnoor Gill

Get your tickets before they melt away!

In person at Osoyoos Secondary School office.

OR online: <https://www.studentquickpay.com/088d53/MyAccount>





A POLAR EXPRESS Christmas

A POLAR EXPRESS CHRISTMAS

Join us for an evening of fun & FREE festivities for the whole family. Games, live music, snacks, crafts and prizes at the Osoyoos Library.

All aboard for a night of holiday cheer! Listen to the Sage Valley Junior Voices fill the library with carols. Enjoy yummy snacks provided by our community partners. Create holiday crafts & play fun games. Pre-register your family for this event to be entered for the chance to win a prize!

December
9

TUESDAY

Start **5:30 pm**
End **7:30 pm**

Cost **FREE** Age **ALL AGES**

Program **REGISTRATION REQUIRED**

25-1428-A Polar Express Christmas



Address **Box 1038
8505 68th Avenue
Osoyoos, BC
VOH 1V0**

Phone Number **250.495.7637**

Website **orl.bc.ca/osoyoos**

Facebook.com/ **ORLareaA**

Email **osoyoos@orl.bc.ca**

SHOWTIME

THEATRE

A Zaniac Christmas

With Alex Zerbe
Saturday December 6 @ 2:00



Tickets
only \$10

Experience the holiday magic like never before!

Get your tickets at
venablestheatre.ca

